

MIAMI ELITE CROSS COUNTRY

2016 SEASON SCHEDULE:

Date:	Competition:	Location:	Notes:	Hotels:
9/30 Friday	Flrunners Invitational - College / Open / HS	Titusville, FL - Chain of Lakes Park	High School Athletes / Open Athletes not representing a School Team PM Race	
10/1 Saturday	Flrunners Invitational - MS / Elementary (High School as well)	Titusville, FL - Chain of Lakes Park	Qualifier for MS XC State Championships AM Race	Block of 8 Rooms Reserved - please let me if needing one...limited availability. (Holiday Inn)
10/07 Friday	Disney Classic	Kissimmee, FL - ESPN Wide World of Sports	Middle School / Elementary / HS / Open - Qualifier for MS XC State PM Race	
10/22 Saturday	South Florida Youth XC Invitational	Miami, FL - Palmer Trinity School	Middle School / Elementary - Qualifier for MS XC State PM Race	
10/28 Friday	FLYRA Elementary School Championships	Lakeland, FL - Holloway Park	Elementary Athletes can enter without qualifying PM Race	
10/29 Saturday	FLYRA MS State Championships	Lakeland, FL - Holloway Park	MS Athletes Must Qualify - AM Race	Block of 8 Rooms - please let me if needing one...limited availability. (Courtyard - Marriot)
11/24 Thursday	Turkey Trot 5k / 10k	Miami, FL - Tropical Park	Road Race - Athletes / Parents Can Participate AM Race	
11/26 Saturday	Footlocker Cross Country South	Charlotte, NC - McAlpine Park	HS / MS Cross Country Race - Elite level race (only selected athletes) AM Race	TBD
12/3 Saturday	AAU Cross Country National Championships	Tallahassee, FL - Apalachee Regional Park	Ages 5-18 may participate Team & individual competition AM Race	Block of 14 Rooms Reserved - please let me if needing one...limited availability. (Fairfield Inn & Suites - Marriot)

****Additions to the race schedule will be made once we have confirmation from other events****

*****High School Athletes may have other opportunities not currently listed on this schedule*****

Healthy Kids Running Series

Distances: Pre K - 50 Yard Dash, K & 1st Grade - 1/4 Mile, 2nd - 3rd Grade - 1/2 Mile, 4th & 5th - 1 Mile, Middle School - 1 Mile

Date	Competition	Venue	Time
9/18 Sunday	Healthy Kids Running Series Race #1	Soccer Fields @ Tamiami Park	3:30 - 5:30 PM
9/25 Sunday	Healthy Kids Running Series Race #2	Soccer Fields @ Tamiami Park	3:30 - 5:30 PM
10/2 Sunday	Healthy Kids Running Series Race #3	Soccer Fields @ Tamiami Park	3:30 - 5:30 PM
10/16 Sunday	Healthy Kids Running Series Race #4	Soccer Fields @ Tamiami Park	3:30 - 5:30 PM
10/23 Sunday	Healthy Kids Running Series Race #5	Soccer Fields @ Tamiami Park	3:30 - 5:30 PM

The Healthy Kids Running Series is mainly for our beginner runners. More information will be given out.

Additional Questions:

Coach Danny Aguas

Please email MiamiEliteTC@gmail.com

Text: 786-368-1151



Inclement Weather / Last Minute Changes / Cancellations: Please go to www.miamielite.org/news or follow us on Twitter (@MiamiEliteTC)